NEW Critical Reflection Journal 2025

Dear << Test First Name >>

We're pleased to announce the arrival and delivery of our first Critical Reflection Journal!

Your Practice Mentor will distribute a hardcopy in the coming days or week, during your next support visit, or you can access the digital version now via the links below (and or via a QR code as found within the printed copy should you choose to change to digital!).

Critical reflection is an essential part of embedding meaningful, child-centric learning into everyday practice. Reflective practice is a form of ongoing learning that involves educators intentionally thinking about all aspects of the program, the vision and principles that guide them, the practices they use and the learning outcomes for children. It drives educators' program planning and implementation to support children's learning, development and wellbeing.

These journals have been **designed with simplicity and ease of documenting in mind, not to add more work**, but rather build upon and compliment the programming you already do and have in place.

Support & Training:

- Our Practice Mentors will guide you through using the journals during their regular visits
- Rayleen Tramacchi, our Enhance Pedagogical Leader, has created a **short training video** titled *"Reflect to Improve: Embedding Critical Reflection in Everyday Practice"*

Please feel encouraged to take a moment to watch this valuable resource.

Additionally, Rayleen will be hosting live pop in / pop out sessions commencing in July (watch out for your e-invite coming soon!). This will be a great opportunity to ask any burning questions, gain deeper insights, share ideas and reflect directly with fellow educators.

Critical Reflection Training Video

Critical Reflection Resources- via Portal

Journal PDF Version (Printed Copies will be delivered to you)

Online Version (Digital Copy)

Online Version (Canva Video)

We hope this journal helps support and guide your reflections, which will help each child grow and learn in their own way. We want families, the community, and the Department of Education to see what we see, reflective, thoughtful, personalised, and exceptional early learning in a warm, home-based care setting.

Kind Regards

Meegan Walsh

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Enhance General Manager