

Exceptional Circumstances Flow Chart

Sleep and Rest

If a family request a sleep practice or routine that does not comply with Red Nose Safe Sleep recommendations or the Enhance FDC sleep, rest and relaxation policy, please follow this flow chart for approval.

DO NOT begin the practice or routine until you have approval from a Children's Services Manager.

- 1 Family requests noncompliant sleep or rest routine or practice.
- 2 Ask family for their request in writing. Advise them that we are unable to implement this practice or routine unless a letter from a GP can be provided.
- 3 Notify your Practice Mentor of the noncompliant sleep request.

If the family obtain a letter signed by their GP:

- 1 Complete a risk assessment and risk minimisation plan.
- 2 Submit GP letter, contact details, risk assessment and risk minimisation plan to Children's Services Manager for approval.

If the request is approved by a Children's Services Manager:

- 1 Practices and routines are to be reviewed by a Practice Mentor at two weeks, six weeks and three months.